

Strategic Performance Plan 2013-2015







End of Year Report 2013



Strategic Focus Areas

Family Support

Autism

Information/ Communication Operational Focus Areas

Performance Contract Measures

Fiscal Compliance

Organizational Development

Strategic Focus Area 1Family Support

How will we know we are making progress?

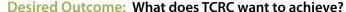
Defined As:

 TCRC consistently provides information and support to help families adapt to the impact of disability particularly at the time of diagnosis and during age related life transitions.

Strategic Issues:

 Families with children diagnosed with a developmental disability often need support in processing the significant emotional impact.

- There is a legislative emphasis on transition, in particular the transfer of services and supports and case management from Early Start to Regional Center services and from Children's services to Adult services.
- There is an ongoing need for individuals approaching adulthood for resources around employment, housing, day programs, transportation.



 Families have information and are supported to make decisions at the time of diagnosis and during age related life transitions.



are making progress:						
Outcome Measures	Baseline (EOY 2012)	2013 Desired Outcome	2013 End of Year	2013 State Average	2013 Desired Direction	Target Met
a. Families receive information and resources at the time of diagnosis, upon transition from Early Start services, and upon transition from school to adult services.	Brochures (Early Start, Turning Age Three, Transition to Adult Services) in development.	Develop the plan for each topic area, including needs, strategies and impact on resources and development of materials and resources.	Information gathered. Plans developed.	N/A	N/A	Yes
Intake		Yes/No	Yes	N/A	N/A	Yes
Early Start		Yes/No	Yes	N/A	N/A	Yes
Adulthood		Yes/No	Yes	N/A	N/A	Yes
b. Children Residing with Families (DDS Performance Contract Measure)	99.04 % (5927)	98.00% - 100.00%	99.07% (5,971)	98.98% (124,664)	A	Yes

Note: Outcome measures in bold denote alignment with implementation of Trailer Bill Language. (P) = DDS Performance Contract Measure. Goal for (P) measure is met when current TCRC # 1) meets or exceeds state average; 2) is better than TCRC baseline; 3) meets DDS Standard. A Indicates that a higher value is better and value is better.



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Торіс	Description	Current Progress
1. Assess resources	Map out existing internal capacity and processes, and external resources.	An Intake and Early Start workgroup convened to assess resources currently available and used at time of initial eligibility and at time of transition from Early Start to Children's Services. Based on input a plan was developed to create a standard transition resource packet for families.
		Transition to Adult Services Workgroup convened to assess current resources available at time of transition from school to adult services. Information gathered was incorporated into a transition survey.
2. What is Working/Not Working	Gather input about what is currently Working/Not Working regarding support, from families, partners and staff.	Four hundred (400) individuals and families of transition age youth were invited to complete a transition survey. Ninety four (94) respondents provided input on transition resources and processes that is being considered by Transition Service Coordinators to develop strategies for optimizing support and increasing consistency of information dissemination across TCRC offices. The information was presented to Services Coordinators in August 2013 and further feedback gathered.
		A focus group of Early Start Service Coordinators and Managers met to discuss what is working and not working about current processes in how we support families as they become eligible for Early Start services and transition to regional center services at age three (3). Input from surveys and focus group was used to outline a plan to enhance transition resources and support.
		In November, the 2nd version of the Early Start brochure was distributed to all TCRC offices and Family Resource Centers. This version has an updated cover and more family friendly Spanish translation. A team of Services and Supports managers and other Subject Matter Experts have been working via live editing sessions to develop content for the Turning Age Three brochure. The Transition to Adult Services brochure has been drafted.
3. Plan Template	Create template for plan for each age related area.	Plan outlines have been created by both the Intake/Transition to Children's Services and Transition to Adult Service Workgroups. Implementation steps will be developed in February 2014.
4. Evaluation	Develop and implement evaluative input.	Implementation in 2014 and evaluation in 2015.



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Strategic Focus Area 2 Autism

Defined As:

 TCRC develops meaningful services for young persons with autism as they transition to adult life. TCRC also assists families and individuals with autism to access insurance benefits for behavioral health treatment as described in Statute SB 946.

Strategic Issues:

- There is a need for individualized employment opportunities, individual choice day services and other resources for teenagers and young adults who have autism.
- As resources shrink, it becomes increasingly important to collaborate and create partnerships to enhance services for people with autism.

How will we know we

- Statute SB 946 requires utilization of benefits through private pay insurance companies for Applied Behavioral Analysis (ABA) services.
- Families and service providers need assistance in understanding and navigating insurance benefits and generic resources.

Desired Outcome: What does TCRC want to achieve?

 TCRC is responsive to the emerging need to expand services for a growing number of young adults with autism. Individuals served will have access to information about insurance benefits for behavioral health services.



	are making progress?						
	Outcome Measures	Baseline (EOY 2012)	2013 Desired Outcome	2013 End of Year	2013 State Average	2013 Desired Direction	Target Met
a	Implement plan to respond to needs for vocational, resid day services for transition age young adults with autism.		Create and administer needs assessment and evaluate results.	Needs assessment administered. Results received in November.	N/A	N/A	Yes
b	Expand network of support for post secondary education vocational opportunities.	and No centralized information about current informal relationships.	Research current models and formalize relationships with at least one college or vocational program in each county to explore opportunities.	2013 Desired Outcome deferred to 2014.	N/A	N/A	N/A (Deferred to 2014)



TCRC Strategic Performance Plan 2013–2015

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	Baseline (EOY 2012)	2013 Desired Outcome	2013 End of Year	2013 State Average	2013 Desired Direction	Target Met
c. Training is offered to Persons/Families to provide initial information and ongoing updates about methods to access insurance, including a module around behavioral services.	Two training events for families in each TCRC location in 2012.	Quarterly event in each FRC in each county that provides information or training about access to insurance for behavioral health services.	Quarterly events held in each TCRC office	N/A	N/A	Yes

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Strategic Focus Areas

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	Topic	Description	Current Progress
1.	Survey Needs	Enhance the Autism Survey to be administered spring 2013 with questions that relate to needs for vocational, residential and day services as well as accessing other sources of input as well.	Survey completed. Report of results received in November 2013. Analysis has begun and will continue in Q1 2014.
2.	Create Request for Proposal (RFP)	Administer RFP, review submissions and Program Designs and award contracts.	RFP will be developed after survey results analyzed.
3.	Define goals and objectives	Define goals and objectives for desired post secondary programming.	Initiated contact with education consortiums in all three counties to participate as contributing partner for AB 86 funding opportunities.
			Strategic action was deferred to 2014 due to unexpected leaves of Executive Director and Director, Community & Organizational Development. Workgroup will reconvene in Q1 2014.
4.	Create a Plan	Develop summary of currently existing post secondary programming available to	Ventura County —California State University at Northridge, Ventura College
		young adults with autism and create a plan for relationship building and	Santa Barbara County — UCSB
		opportunity development (with the post secondary institutions.)	San Luis Obispo County- Cuesta College
		Dedicate a team of TCRC leadership to conduct outreach.	Clinical Director, Autism Coordinator, Resource Development, SLO Manager have established initial contacts with post secondary program representatives.
5.	Create communications around training	Develop structure to communicate with families of individuals and adults with autism receiving behavioral services to ensure awareness of training and create	In 2013, 335 parents attended Behavioral Services Orientation (BSO) in six (6) TCRC locations and received information about insurance.
		feedback about ongoing training.	Autism Coordinator and Benefits Coordinator partnered with Family Resource Centers to conduct training at six (6) TCRC locations to introduce new insurance regulations, Social Security and Medi-Cal with ninety-eight (98) individuals and family members attending.
6.	Evaluate Training	Revise training module based on feedback.	Evaluate in 2014.



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Strategic Focus Area 3Information and Communication

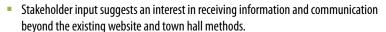
How will we know we

Defined As:

 TCRC communications about regional center services and supports and generic resources are enhanced to be more easily accessible and understood by persons served, families and community partners.

Strategic Issues:

 Technology and mobility is maximized to actively connect people to accessing and understanding information and resources.



 Communication and training plans must balance the impact and effectiveness of electronic and face to face communications.

Desired Outcome: What does TCRC want to achieve?

 TCRC provides understandable, useful and needed information in a variety of ways to persons served, families and community partners.



are making progress?						
Outcome Measures	Baseline (EOY 2012)	2013 Desired Outcome	2013 End of Year	2013 State Average	2013 Desired Direction	Target Met
a. Enhance information dissemination.	Have extensive collection of relevant content.	Define comprehension, format, distribution standards for new print publication and Service Policies/ Guidelines.	TCRC reading audience segmented into five broad categories. Rating system in place to guide target comprehension levels.	N/A	N/A	Yes

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	Topic	Description	Current Progress
1.	Create Analysis (Year 1)	Determine audience segmentation criteria. Gauge comprehension of various audience segments by grade level, readability and engagement.	The diversity of our audience requires similar diversity in how we communicate information. Grade level and readability guidelines have been developed to help us tailor communications to fit the needs of target audiences. Similar to newspapers and other periodicals, a rating system is employed to help achieve target comprehension levels. The initial step was to segment our audience into representative groups and then determine appropriate comprehension and readability levels based on topic.
			A group of Subject Matter Experts segmented TCRC's reading audience into five (5) broad categories based upon role.
			 Persons Served by TCRC Parents Direct Care Professionals Service Providers (other than parents) Regional Center Staff
2.	Review results (Year 2)	Review a current print piece or message for enhanced content and distribution.	Updates will be provided in 2014.
3.	Conduct Focus Group (Year 3)	Conduct a focus group to enhance content creation and dissemination procedures that affect internal communications and external, face-to-face communications.	Updates will be provided in 2015.



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Operational Focus Area 1Performance Contract Measures

Defined As:

 Measures that demonstrate TCRC's performance around quality of life issues compared with the state average:

Strategic Issues:

- Number and % of total population in Developmental Centers
- Adults Residing in Home Settings
- Children Residing in Facilities with Seven or More Beds

How will we know we

Adults Residing in Facilities with Seven or More Beds

Duration in Intake Status for Individuals Ages 3 and Over

Desired Outcomes:

• Meets or exceeds statewide average, better than baseline or meets DDS standard.



are making progress:						
Outcome Measures	Baseline (EOY 2012)	2013 Desired Outcome	2013 End of Year	2013 State Average	2013 Desired Direction	Target Met
a. Number and % of total population in Developmental Centers	0.35% (41)	.x % 40	0.23% (27)	0.51%	•	Yes
b. Adults Residing in Home Settings	77.85% (4,347)	78.00% (x)	78.79% (4,587)	76.49%	A	Yes
c. Children Residing in Facilities with Seven or More Beds	0.12% (7)	.x % (< or =12)	0.15% (9)	0.07%	V	* Yes
d. Adults Residing in Facilities with Seven or More Beds	4.60% (257)	4.60% (x)	4.31% (251)	3.12%	▼	Yes
e. Duration in Intake Status for Individuals Ages 3 and Over Intake Status (P) <142 days 143-240 days over 240 days	100.00% 0.00% 0.00%	98.00% - 100.00% (x%) (x%)	100.00% (0.0%) (0.0%)	98.80% 1.10% 0.10%	*	Yes

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Note: Children Residing with Families - see Strategic Focus Area 1 Family Support Outcome Measure b.

^{*}Outcome measure c is viewed as a local goal with a different outcome expected than what the state expectation is, due to a unique program serving medically fragile children.



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	Topic	Description	Current Progress
1.	Individuals moving from Developmental Centers	Implementation of the CPP Plan for the current fiscal year.	In the second half of 2013, three (3) individuals have moved from a developmental center setting to the community (2 from Fairview DC, 1 from Canyon Springs), bringing the annual total to seven (7) people moved and twenty-seven (27) remaining.
2.	Adults live in home like settings	Residential settings are developed within the capacity of the Purchase of Services allocation and response to Request for Proposals.	Resource Development (RD) Three (3) residential facilities were developed in the last half of 2013 bringing the total for the year to six (6). Two (2) Adult facilities were developed in Ventura County. A Small Family Home serving ages 3-17 was developed in San Luis Obispo County.
			Community Placement Plan (CPP) Two (2) CPP homes opened in San Luis Obispo County designed to support adult individuals with co-occurring mental health challenges. Current developments include a Residential Facility for adult individuals with Autism in Santa Barbara County, a Specialized Residential Facility for adult males in Ventura County and three (3) Specialized Residential Facilities for individuals with unique behavior challenges in San Luis Obispo County.
3.	Children are not living in large facilities	Residential settings are developed within the capacity of the Purchase of Services allocation and response to Request for Proposals.	Requests for Proposals were issued for Children's Homes in all counties. No applicants responded to the RFPs, however, the effort to develop these services is ongoing and will continue until providers are identified and vendored.
4.	Adults are not living in large facilities	TCRC continues to support downsizing of large congregate residential settings in the TCRC catchment area.	As of December, two (2) additional Adult Residential Facilities are in development, one in Ventura County and one in Santa Barbara counties.
5.	Intake Process	Each intake is monitored for a timely eligibility decision.	Continue to follow intake protocol and improve timelines as needed to stay on track.



Strategic Focus Areas Autism

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Operational Focus Area 2

Fiscal Compliance (Performance Contract) Measures

Defined as:

 Audits, Budget, Client Development Evaluation Report (CDER)/Early Start Report (ESR) and Intake.

How will we know we

Desired Outcomes:

Compliance with outcomes expected from DDS.

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are making progress? Outcome Measures	Baseline (EOY 2012)	2013 Desired Outcome	2013 End of Year	2013 State Average	2013 Desired Direction	Target Met
a. Internal compliance audit of implementation of TBL	Yes	Yes	Yes	N/A	N/A	Yes
b. Unqualified independent audit with no material finding	s(s) (P) Yes	Yes	Yes	N/A	N/A	Yes
c. Substantial compliance with DDS fiscal audit (conducted the prior 12 months) (P)	within yes (FY 09/10) (FY 10/11)	Yes	Yes	N/A	N/A	Yes
d. Accuracy of POS fiscal projections (P)	Yes	Yes	Yes	N/A	N/A	Yes
e. Operates within OPS budget (P)	Yes	Yes	Yes	N/A	N/A	Yes
f. Certified to participate in the Medicaid Home and Comm Based Services (HCBS) Waiver	unity- Yes	Yes	Yes	N/A	N/A	Yes
g. Compliance with Vendor Audit Requirements per contract III, Section 10 (within prior 12 months) (P)	t, Article Yes	Yes	Yes	N/A	N/A	Yes
h. Client Development Evaluation Report (CDER)/Early Start (ESR) currency	Report Yes	Yes	Yes	N/A	A	Yes
i. Individual Program Plan (IPP) Development	100.00% April 2012	Not applicable*	N/A	N/A	N/A	N/A
j. Individualized Family Services Plan (IFSP) Development	92.00% June 2010	93.00%**	N/A**	N/A	N/A	N/A

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Organizational Development

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	Торіс	Description	Current Progress
1.	Implementation of Trailer Bill Language (TBL)	Internal compliance review of implementation of TBL	The TBL Infrastructure Committee met several times in 2013 to discuss compliance. POS service data report was completed and reported on at the June 2013 Board meeting; narrative completed and sent to DDS. SB 946 implemented and changes for FY 13/14 rolled out. CPP requirements implemented and incorporated into ongoing processes. Planning occurred to implement new DDS contract language and various new bills effective in 2014. A review of TBL compliance from prior years is occurring.
2.	CPA Audit Corrective Action Plan	Develop corrective action plan from prior CPA audit and implement.	CPA audit findings from prior year were reviewed in preparation for the FY 12/13 CPA audit conducted in September 2013. Audit narratives updated. TCADD Audit Committee meeting January 2014. Presentation to Board at February 2014 meeting.
3.	Review CPA and DDS Audit Findings	Review CPA and DDS audit findings from past 5 years and ensure recommendations are being followed.	Review of CPA audit findings from prior years completed. Preparations have begun for the DDS fiscal audit in March 2014. The prior DDS audit findings are being reviewed.
4.	POS Projections	Submit monthly POS projections to DDS in accordance with instructions and current data.	The monthly POS projection was submitted timely to DDS and in accordance with DDS instructions. No discrepancies noted.
5.	Monitoring of OPS	Monthly monitoring. Continue cost savings measures. Contribute to PERS at year end to maintain employer rate and consider contribution to post-retirement health trust.	The OPS budget is monitored closely each month. Savings in FY 12/13 primarily in staffing costs and legal fees plus additional ICF/SPA funds allowed for \$900K contribution towards the PERS unfunded liability.
6.	Audit Plan for current fiscal year	Establish and implement audit plan for current fiscal year. Periodic meetings with auditors to monitor performance against plan and adjust as needed.	FY 13/14 vendor audit plan completed. DDS approval has been obtained on 5 audits. Audits are being conducted. Met FY 12/13 vendor audit requirements. Audit Team meets at least every 2 months or sooner, if needed.
7.	Monitoring CDER/ESR reports	Federal Programs team sends reports of coming due CDER/ESR to the Service Coordinators (SCs). SCs complete these as IPP or IFSP meetings are held. Managers monitor compliance.	CDER Currency for TCRC was 99.77%, the highest in the state. DDS will recommence assessing regional center's compliance with ESR Currency in 2014.
8.	Monitoring Intake Timelines	A tracking system is used in each office to "cue" SCs and clinicians regarding intake timelines.	Continue to implement intake protocol and improve timelines as needed to stay on track.
9.	Individual Program Plan (IPP) Development	Agency-wide tracking system for IPPs is implemented by support staff and monitored by managers for PCT practices and timeliness.	A sample of IPPs of each team is reviewed by an internal review team for timeliness and person centeredness.
10.	Individualized Family Services Plan (IFSP) Development	Agency-wide tracking system for IFSPs implemented by support staff and monitored by ES managers for PCT practices and timeliness.	Last DDS ESR result from 2010 - DDS is revising the indicator for measure and will combine four elements of the ESR to arrive at an IFSP Development composite score for each regional center, beginning 2014.



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Organizational Development

Operational Focus Area 3Organizational Development

Defined as:

TCRC achieves consistency in the implementation of person centered performance management practices.

Operational Issues:

- There is an interest in creating greater employee alignment with the strategic plan.
- TCRC must be able to respond effectively in a time of rapid change.
- Person centered practices are implemented in different ways throughout the agency.

It's important to utilize consistent practices across all regions in which services are provided.

Desired Outcome:

 TCRC develops a performance management model that reflects consistent application of person centered practices.

How will we know we						
are making progress?	Baseline	2013 Desired	2013	2013	2013	Target Met
Outcome Measures	(EOY 2012)	Outcome	End of Year	State Average	Desired Direction	
a. Develop and implement a person centered Performance Management Model.	Performance Management Model currently based on Behavioral Event Interviews (BEI) and Competency Model.	Come to an agreement around the elements of the Performance Management Model and create implementation plan.	Elements of Performance Management Model and revisions to performance review process approved.	N/A	N/A	Yes

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Strategic Focus Areas

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Organizational Development

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	Topic	Description	Current Progress
1.	Input regarding Performance Review Process	Compile input from management and staff to identify what's working/not working about the existing Performance Review Process and clarify the indicators of an effective, efficient, person centered Performance Review Process.	One hundred twenty-nine (129) employees provided input through an online survey or focus groups in six (6) TCRC Offices regarding what's working and not working with the TCRC Performance Review process. Results were analyzed and compiled in three (3) thematic areas: Purpose, Physical Document and Process. The input was reviewed and further prioritized by the Leadership Team in June. Final recommendations were reviewed in December.
2.	Proposal of Revisions for Performance Review Process	Propose revisions to the Performance Review Process.	Recommended revisions to process and physical document were reviewed and approved by Leadership Team and Directors. Revisions will include migration to online ADP Performance Review process in 2014 and enhancements to the performance review process that respond to needs identified by staff.
3.	Revise Materials	Revise existing materials and platform for implementation of revised Performance Review Process.	Revisions to materials will include: Consolidation of competencies to a 3-point rating scale Updating of key performance indicators as needed and indicated by Department Directors Insertion of space to comment on accomplishments and areas for development Revisions to Guide to Performance Review for employees and managers
4.	Training	Develop training to support managers and staff to implement revised Performance Review Process.	Training content and delivery will be developed in 2014 in two parts - Part I: Learning the mechanics of the ADP Performance Management feature and Part II: Conducting effective performance review conversations. Materials will be developed and rolled out according to the Performance Review Implementation Plan.
5.	Implement changes	Implement Performance Review Process, solicit feedback and modify according to results.	A Performance Review Implementation Plan has been developed to include four phases: Q1 2014: Update competency rating scales Q2 2014: consult with ADP Implementation team to configure online performance management feature Q3 2014: Test and pilot ADP performance management module; determine feasibility Q4 2014: Training and Implementation based on results of Pilot
6.	Consider additional elements of the TCRC Performance Management Model	Define additional elements of a person centered Performance Management Model and begin to modify.	The core elements of Performance Management at TCRC were approved by Leadership Team in December. The Focus Area Workgroup will outline a plan to implement further enhancements once the performance review implementation is underway at the end of 2014.